Crescent sign in abdominal aortic aneurysm

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DESCRIPTION

A 70-year-old man referred to emergency department with acute onset of severe flank pain. In initial examinations, the patient was pale, with pulse rate of 120/min and blood pressure of 95/65. In abdominal palpation a pulsatile mass was detectable. Urgent resuscitation was done.

The patient had been known to have hypertension and abdominal aortic aneurysm (AAA) since 7 years ago. Abdominal CT scan without and with contrast injection (figures 1 and 2) showed a large fusiform abdominal aorta with crescent focus of hyperdensity (black arrow) within the mural thrombus (white arrow), known as high-attenuating crescent sign. Retroperitoneal haematoma was also observed anterior to psoas muscles bilaterally (asterisks). Endovascular repair was chosen as an emergent surgical procedure. The patient was discharged on postoperative day 7, and recovery was uneventful.

High-attenuating crescent sign is intramural or mural thrombus haemorrhage of an abdominal aneurysm and means impending or acute aortic aneurysm rupture.1

AAA rupture has high mortality rate even with emergent surgical repair; so prompt correct diagnosis is necessary for proper management. There are several predictive factors in AAA rupture, such as large size of the aneurysm, rapid increase in diameter, focal wall discontinuity and crescent sign. Crescent sign—an indicator of AAA complication and impending rupture—has high specificity and positive predictive value of 77% and 93%, respectively.2

The pathophysiology of this sign is dissecting blood through mural thrombosis or wall of the aneurysm resulting in weakening of the wall. It is of relatively high density compared with psoas muscle in contrast-enhanced CT scan and is greater than aorta in non-contrast CT images.3

Learning points

► Hyperdense crescent sign is due to haemorrhage into the wall of aneurysm or within the mural thrombus.
► Hyperdense crescent sign indicates impending aneurysm rupture.

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