Total alimentary canal necrosis: infarction from oesophagus to anus

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DESCRIPTION

A middle-aged woman presented with a 12-hour history of generalised abdominal pain and septic. Her medical history included chronic alcoholism and a 40 pack-year smoking history. Laboratory tests revealed raised inflammatory markers and a macrocytosis. There were no liver, renal or clotting derangements, and haemoglobin and platelet levels were within normal limits. Blood gas analysis showed acidaemia and raised lactate. A CT scan of the abdomen revealed pneumoperitoneum, extensive portal venous gas and pneumatosis intestinalis throughout the entire imaged gut—from distal oesophagus all the way to anus—suggestive of complete intestinal necrosis (figures 1–3). The mesenteric arteries appeared patent. The patient rapidly deteriorated and died within 3 hours of admission.

Such CT appearances are in keeping with rare interlinked conditions adult necrotising enterocolitis and non-occlusive mesenteric ischaemia; however, such extensive necrosis of the entire intra-abdominal bowel has not been reported previously. Previous studies have hypothesised either a primary infective cause or a hypoxia-reperfusion injury from a primary vascular event leading to secondary infection from bacterial translocation across the injured bowel wall. Despite the unclear aetiology, a previous review of four cases describes common risk factors—chronic alcoholism and smoking—also present in this case.

This case describes necrosis of the entire bowel with extensive portal venous gas and pneumoperitoneum—clearly incompatible with survival. Surgical options are limited. These appearances should be considered a preterminal sign and a high index of suspicion for intestinal necrosis must be considered in alcoholics and smokers who present with an acute abdomen.

Learning points

- Extensive necrosis of the bowel with portal venous gas is usually considered a preterminal sign—surgical options are limited at this stage.
- A high index of suspicion for intestinal necrosis must be considered in alcoholics and smokers who present with an acute abdomen.
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REFERENCES