A rare case of bilateral lens dislocations

Fionn Coughlan,1 Kitty Shakur,2 Pav Gounder2

DESCRIPTION

A 39-year-old man presented to our hospital following transfer from a rural site with an acute right eye anterior lens dislocation following a traumatic blow to the head. He had been hit 7 days prior and had suffered gradual vision loss in the right eye since then. Visual acuity was counting fingers at 1 m in his right eye and perception of light in his left eye. He had an intraocular pressure (IOP) of 50 mm Hg in his right eye on arrival. He had a CT head non-contrast performed. The axial (figure 1) and sagittal (figures 2 and 3) slices demonstrated a right eye anterior lens dislocation and a left eye posterior lens dislocation. The left eye had been injured 3 years prior and the patient had not sought treatment for it at the time. On examination, the left eye was found to have a chronic retinal detachment and a posterior lens dislocation. His right eye had been his only seeing eye and now had poor vision due to the acute injury. The anterior lens dislocation in his right eye was visible on slit lamp examination (figure 4). Intravenous acetazolamide was given to lower the IOP and a lensectomy performed that night. The patient returned to theatre 3 days later for a vitrectomy and insertion of an anterior chamber lens. The CT (figure 1) shows the bilateral lens dislocation very clearly and highlights the need for accurate clinical details and history to avoid confusion when assessing acute pathology in a case with bilateral findings. Trauma...
is the most common cause of lens dislocation or subluxation; however, lens dislocation is a rare complication of head injury.\(^1\)\(^,\)\(^2\) Anterior lens dislocations are an ophthalmological emergency as they can lead to acute angle closure glaucoma and their prompt recognition and treatment are essential.\(^3\)

**Learning points**

- An accurate clinical history is required, in particular when bilateral pathologies exist. Correct clinical information is important when making imaging requests to guide reporting.
- Lens dislocation should be considered in cases where visual acuity is reduced in the setting of ocular or facial trauma.\(^1\)
- Anterior lens dislocations are an ophthalmological emergency and prompt treatment should be initiated.\(^3\)

**Contributors** FC: involved in all phases of editing and drafting of the article. KS: initial patient examination, assisting with patient consent and with article content. PG: editing of final draft and image selection.

**Competing interests** None declared.

**Patient consent** Obtained.

**Provenance and peer review** Not commissioned; externally peer reviewed.

© BMJ Publishing Group Ltd (unless otherwise stated in the text of the article) 2017. All rights reserved. No commercial use is permitted unless otherwise expressly granted.

**REFERENCES**