Striae gravidarum leukaemia cutis: a rare manifestation of acute myeloid leukaemia

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DESCRIPTION
A multiparous woman aged 33 years presented to the haematology clinic with an abdominal skin rash and an abnormal full blood count. Physical examination revealed violaceous discoloration and hypertrophy of the striae gravidarum (SG) (figure 1A, B), sparing the surrounding skin. The patient denied taking steroids.

At the time of presentation, her white cell count was 66 000/mm³, her haemoglobin level was 6.7 g/dL and her platelet count was 32 000/mm³. A blood film revealed monoblasts and the bone marrow biopsy showed hypercellular bone marrow due to infiltration by sheets of immature cells (monoblasts and promonocytes). The monoblasts were folded nuclei, with delicate chromatin and occasional vacuolated cytoplasm. The promonocytes

Figure 1 (A and B) Striae gravidarum hypertrophy with violaceous discoloration.

Figure 2 The marrow is hypercellular 100% due to infiltration by sheets of irregular twisted and widely spaced blasts. Normal haematopoietic elements are markedly decreased.

Figure 3 (A–C) The tumour infiltrates the dermis. The tumour composed of blasts having large occasionally cleaved nuclei, and dispersed chromatin.

Figure 4 (A and B) The blasts are strongly immunoreactive for CD43 (A) and focally for MPO (B).

Figure 5 Striae gravidarum after the first course of induction chemotherapy with regression of the hypertrophy and disappearance of the violaceous colour.
were having less basophilic cytoplasm and occasionally granulated cytoplasm (figure 2). Flow cytometry analysis of a corresponding marrow sample revealed that ~66% of the cells were immature monocytes/monoblasts, which were positive for HLA-DR, CD33, CD15, CD64, CD13 and CD14. The karyotype was normal.

A diagnosis of acute myeloid leukaemia (AML) was considered; therefore, a skin punch biopsy was taken from the SG revealed heavily infiltrated dermis by sheets of immature mononuclear cells (blasts). Those immature cells were prominent nucleoli and clear chromatin. Admixed with the blasts is an eosinophilic precursor (figure 3A–C). Immunostaining showed that the blasts were strongly positive for CD43 and focally positive for MPO (figure 4A, B) consistent with the diagnosis of leukaemia cutis (LC).

Chemotherapy was initiated for AML, resulting in bone marrow remission and regression of the LC in the SG (figure 5). However, the patient died during the second cycle of induction chemotherapy due to Gram-negative sepsis.

LC is a rare form of extramedullary leukaemia involving the skin, diagnosed clinically by infiltration of the epidermis, dermis or subcutis by leukaemia cells.1

LC may appear at the time of diagnosis of systemic leukaemia or thereafter. Aleukaemic LC is a rare form leukaemia characterised by the infiltration of skin by leukaemia cells that occur prior to appearance in peripheral blood and bone marrow.2

SG are bands of atrophic skin that occur mainly on the abdomen related to pregnancy. SG LC has been rarely reported.3

Learning points

▸ Leukaemia cutis (LC) is a form of extramedullary leukaemia involving the skin and is associated with a poor prognosis.
▸ LC may present with wide range of cutaneous manifestations including striae gravidarum that may occur before, during or after the disease process.
▸ Punch skin biopsy should be performed in patients with acute myeloid leukaemia who develop suspicious skin lesion.

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