Unusual contents of a large incarcerated inguinal hernia
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DESCRIPTION
An 85-year-old man presented with a 3-day history of profuse vomiting and lower abdominal pain. He was known to have a long-standing left inguinal hernia, which however had caused no pain or symptoms for many years.

On examination, his abdomen was soft, but to note was a marginally tender, large left inguinal scrotal hernia, which was irreducible (figure 1). A CT of the abdomen and pelvis was subsequently ordered which proved diagnostic, revealing a very large incarcerated left inguinal hernia containing a portion of the stomach, an uncommon finding.

The coronal sections from the CT scan demonstrate the extent of the gastric dilation spanning from the level of the diaphragm down into the left-sided inguinal hernia (figure 2). The axial section demonstrates the herniated stomach deviating the penile shaft; furthermore it shows small bowel contents inside the scrotum (figure 3).

A nasogastric tube was immediately passed which drained 6.5 L of fluid over 4 h, and the patient was treated conservatively.

It is uncommon for the stomach to herniate through the inguinal canal; however, around 60 cases have been found in the literature, majority, prior to 1980. It is possible, however, that the tension-free mesh repair, as described by Lichtenstein and Stoppa, led to surgical repair after this time.

It is thought that long-standing traction on the greater omentum and its attachments may be responsible for the descent of the stomach into the hernial sac.

Learning points
- Although now uncommon, it should be noted that a patient with symptoms of gastric outlet obstruction who has a large scrotal hernia, the possibility of a gastric herniation should be thought of.
- Radiological investigations are the gold standard and key for diagnosing such cases.
- An undiagnosed gastric outlet obstruction could lead to a perforated stomach.
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REFERENCES