Mucoepidermoid carcinoma of buccal mucosa

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DESCRIPTION
Mucoepidermoid carcinoma (MEC) is considered the most common malignant salivary gland tumour. MEC constitutes 3–10% of all tumours of major salivary glands and 10–15% of tumours of minor salivary glands.1

It occurs most commonly in the parotid gland, with minor salivary glands of the palate being the second most common site.2 Within the oral cavity, MEC often resembles a mucocele. MECs have a female predilection and are decidedly uncommon in the first decade of life.3 We report a case with unusual clinical findings.

A 13-year-old boy presented with a 3-month history of painless swelling on the right buccal mucosa near the commissure of his lower lip (figure 1). On examination, the swelling was well defined, smooth, fluctuant, firm and non-tender on palpation.

A provisional diagnosis of mucocele was established. An excisional biopsy was performed. The histopathology revealed proliferation of nests of tumour cells containing intermediate and epidermoid cells in the connective tissue. A part of the section showed eosinophilic mucous pooled areas lined with goblet cells (figures 2 and 3).

The overall features were in favour of low grade mucoepidermoid carcinoma of minor salivary gland.

It is worth noting that swellings in the buccal mucosa and labial mucosal resembling a mucocele could turn out to be MEC, as was the case in this report. Patients with these types of swellings must be considered cautiously and a multidisciplinary approach can lead to successful treatment.

Learning points

▸ Although the site of occurrence of mucoepidermoid carcinoma (MEC) may be rare, there should be an open eye on MEC as a differential diagnosis while diagnosing a mucocele.
▸ Although MECs occur in children for the most part, rare conditions of occurrence in different age groups should also be considered.
▸ This report highlights the importance of careful histopathological examination of apparently innocuous lesions.

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