Left ventricular lateral wall pseudoaneurysm presented with decompensated heart failure

Can Ramazan Oncel,1 Mustafa Ucar,2 Ibrahim Basarici2

1Department of Cardiology, Atatürk State Hospital, Antalya, Turkey
2Department of Cardiology, Akdeniz University Faculty of Medicine, Antalya, Turkey

Correspondence to Dr Can Ramazan Oncel, r_one@hotmail.com

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DESCRIPTION
A 54-year-old woman was admitted to the emergency department with chest pain and orthopnoea for the last 1 month. She had hypertension and type 2 diabetes mellitus. ECG showed ST segment elevation and pathological Q waves in leads I and aVL suggesting previous lateral myocardial infarction (MI). Physical examination revealed blood pressure of 90/60 mm Hg; bibasilar rales and a (2/6)° late systolic murmur along the left sternal edge due to papillary muscle dysfunction was noted. Antianginal, antithrombotic and heart failure management were instituted immediately. Echocardiographic left ventricular ejection fraction was 35% and a left ventricular aneurysm formation at the lateral wall with pericardial effusion around the right atrium and lateral free wall was detected. A narrow neck communicating with the aneurysmal cavity, which was lined by fibrous pericardial tissue with no myocardial structure, raised concern for pseudoaneurysm (figures 1 and 2, arrows; video 1). Coronary angiography revealed significant critical trivessel disease. Cardiopulmonary bypass was performed and the true nature of the pseudoaneurysm was confirmed at the time of surgical inspection as the left ventricular pseudoaneurysm was repaired. The intraoperative course of the patient was satisfactory and later on she was discharged from the hospital without any complication.

Pseudoaneurysms are serious and rare complications of MI. Patients with cardiac pseudoaneurysms usually present with symptoms of chest pain and heart failure. Pseudoaneurysms may contain thrombi and may serve as a thromboembolic source. Pseudoaneurysms associated with symptoms require surgical repair to reduce the risk of rupture. In patients with high risk for surgery, conservative strategy or percutaneous closure may be preferred.1

Learning points
▸ Cardiac pseudoaneurysms are rare but clinically significant lesions.
▸ Pseudoaneurysms have a neck narrower than the diameter of the aneurysm and are often located in the posterior and lateral wall segment.
▸ Surgery is recommended in suitable patients as the treatment strategy in order to reduce the risk of fatal rupture.

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REFERENCE