Cyst with a mural nodule: unusual imaging characteristics of a cystic meningioma

Chong K Yi, Ricardo M Burgos, Timothy J Biega

DESCRIPTION
A 38-year-old man presented with 2 to 3 months of intermittent headaches. Aside from hypertension, the patient was in good health. Physical examination and laboratory values were unremarkable. Routine unenhanced head CT (figure 1A,B) and gadolinium enhanced brain MRI (figure 2A–D) revealed a right frontoparietal cystic mass.

Figure 1 Axial (A) and sagittal (B) head CT revealing a cyst with a mural nodule with minimal peritumoral oedema.

Figure 2 Axial T2 (A), postcontrast axial T1 (B), coronal T1 (C), and sagittal T1 (D) sequences demonstrating a cyst with an enhancing mural nodule. No cerebrospinal fluid cleft, cortical buckling, or a definitive dural tail is evident to suggest an extra-axial neoplasm.
measuring 6.0×3.9×5.0 cm with an enhancing mural nodule and minimal peritumoral oedema. Imaging findings were suggestive of a primary glial tumour. The patient underwent surgery and the mass was completely resected. Histopathology revealed meningothelial meningioma with focal microcystic changes, WHO grade 1.

Meningioma is a predominantly benign neoplasm that arises from arachnoid cap cells. It is the most common primary extra-axial neoplasm with associated cysts found in 4–7% of cases. Nauta et al classified cystic meningiomas into four categories. Type I: intratumoral cyst is centrally located within the tumour. Type II: intratumoral cyst is peripherally located within the tumour. Type III: peritumoral cyst is located in the adjacent brain. Type IV: peritumoral cyst is located between the tumour and the brain. As illustrated in our case (type III), an intraparenchymal cyst can obscure the cerebrospinal fluid trapped between the tumour and parenchyma and mimic an intra-axial neoplasm. The aetiology of intraparenchymal cyst formation is uncertain, but is thought to be due to degeneration or an adjacent arachnoid cyst. Owing to parenchymal involvement, classic imaging features may be absent and diagnosis may be challenging, radiologically and surgically. The typical differential diagnosis of a cyst with a peripheral nodule includes pleomorphic xanthoastrocytoma, pilocytic astrocytoma, ganglioblastoma and haemangioblastoma. As demonstrated by this case, cystic meningioma should also be considered in this differential.

Learning points

- Meningioma is the most common extra-axial neoplasm and the most frequently diagnosed primary brain tumour.
- Cystic meningioma with an intraparenchymal cyst can mimic a cyst with a mural nodule found in primary glial neoplasms.
- The aetiology of intraparenchymal cyst is uncertain, but is thought to be secondary to degeneration or an adjacent arachnoid cyst.

References