Ventricular ectopy after exercise and occult ischaemia in a patient with multiple risk factors for ischaemic heart disease and defective anginal warning system

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DESCRIPTION

In May 2012, a 73-year-old man presented with effort dyspnoea and chest discomfort, negative exercise test for ST depression and ventricular ectopy after exercise. He had a history of Sjögren’s syndrome, diabetes, dyslipidemia, hypertension, chronic obstructive pulmonary disease and was under methotrexate treatment for rheumatoid arthritis. Such diseases imply a severe dysfunctional burden, tend to develop accelerated atherosclerosis, endothelial dysfunction and ischaemic heart disease (IHD). A functional assessment was thus provided with an exercise/rest technetium-99 m tetrofosmin-gated single-photon emission cardiac tomography (G-SPECT). This test did not show perfusion defects; left ventricular function was normal (figure 1). At peak exercise, there was lack of ST-depression, but episodes of ventricular triplets were detected after exercise (figure 2). A cardiac tomography (CT) scan detected a severe stenosis in the middle portion of the left anterior descending (LAD) coronary artery (figure 3). An invasive coronary angiography revealed 90% stenosis of the LAD; therefore, a stent was implanted. Ventricular ectopy after exercise is associated with reactivation of parasympathetic activity and an increased risk of death.

In the presence of a subocclusive LAD stenosis, the patient’s exercise SPECT results should be thus
considered as false negative. Occult exercise-induced ischaemia and a reperfusion mechanism for postexercise ventricular ectopy cannot be ruled out. Reperfusion re-establishes slow conduction through depressed regions, permitting re-entrant pathways to form again, resulting in the re-emergence of ventricular arrhythmias. Cardiac CT may provide early-stage screening for occult IHD in patients with multiple risk factors for IHD and defective anginal warning system.

Learning points

▸ Rheumatoid arthritis and other rheumatic diseases significantly increase the risk of atherosclerosis.
▸ Diabetes, rheumatoid arthritis and Sjögren’s syndrome may lead to uncommon presentations of ischaemic heart disease.
▸ If pretest probability is high, negative test results should not stop investigations.
▸ Ventricular arrhythmias may be a sign of cardiac hypoperfusion even in a negative test.

Competing interests None.
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REFERENCES
