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Diffuse large B cell lymphoma: cutaneous manifestation

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DESCRIPTION

A 47-year-old gentleman was diagnosed with diffuse B cell lymphoma. His initial presentation was skin lesions. He was then referred for patch test with a diagnosis of periorbital eczema. Later, patient developed varicose veins and skin lesions in the right leg which was operated upon with poor healing and subsequent skin biopsy of the lesions demonstrated diffuse large B cell lymphoma (DLBCL). The bone marrow biopsy proved marrow involvement. He had no B symptoms. His past medical history includes brain abscess aged 9 months which was operated upon and left him with some weakness on the left side. He is married with two children. No significant illnesses in the family. Patient had six to eight cycles of R-CHOP chemotherapy, however he had progression of lymphoma within

2 months of R-CHOP chemotherapy. He then represented with extensive skin lesions. He was referred for positron emission tomography (PET) scan which was performed using radioisotope ^{18}F FDG which confirmed extensive involvement of skin. The pictures show the skin lesions (figure 1) at the time patient was referred for PET and a corresponding picture of PET image (figure 2). The patient had further chemotherapy with oral CCEP (Cytosine, CCNU, Etoposide and Prednisone) which resulted in complete remission. Currently, he is awaiting peripheral blood stem cell autograft. DLBCL is the most common histological subtype of non-Hodgkin's lymphoma (NHL) accounting for approximately 30–58% of adult NHL cases.¹ It is aggressive form of NHL and sixth most common cancer in the UK.² Most frequently, diffuse large cell lymphomas appear in lymphoreticuloendothelial tissues, which include the lymph nodes, spleen, liver and bone marrow. However, any extra nodal site may be primarily or secondarily involved. Skin biopsy from the plaques in such patients showed dense infiltrates of large lymphocytes with irregularly shaped nuclei and prominent nucleoli in the dermis and subcutaneous tissue.³ FDG-PET/CT after the first cycles of chemotherapy is useful to monitor treatment due to its high negative predictive value (87.5%),

Figure 1 Maculopapular/nodular erythematous skin lesions on the right leg. There is also a surgical scar which is previous venous stripping for varicose veins.

Figure 2 FDG avid lesions in the skin.

using it to modify treatment early in the non-responders.⁴ This case highlights a typical presentation of diffuse B cell lymphoma and PET scan as a modality of investigation. PET scan plays an integral role in the management of such patients and is useful in picking up even extra nodal lesions like skin lesions.

Competing interests None.

Patient consent Obtained.

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