Unilateral agenesis of the pulmonary artery (UAPA) in an adult

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DESCRIPTION

A man in his late 40s presented with complaints of non-radiating, dull aching chest pain that were non-aggravating on exertion and associated with palpitations. He had no history of fever, dyspnoea, weight loss, pedal oedema, night sweat or loss of appetite. No history of similar complaints in the past. Family history was negative. Vital signs were within normal limits: respiratory rate of 19 breaths per minute, heart rate of 102 beats per minute, blood pressure of 118/76 mm Hg, oxygen saturation of 92% at room air and temperature of 98.6 degrees Fahrenheit. On auscultation, breath sounds were normal. Routine laboratory investigations performed were within normal limits (RBC 3.6×10¹¹/L, haemoglobin 120 g/L, WBC 7.8×10⁹/L, platelet count of 200×10⁹/L, haematocrit 37 vol%, troponin I <30 ng/L and random blood glucose 110 mg%). The spirometric test showed the normal forced expiratory volume (FEV) of 2.66, normal forced vital capacity (FVC) of 3.34, normal forced expiratory flow of 3.58, normal FEV/FVC of 79.71 and normal peak expiratory flow rate of 8.57.

Chest radiograph (figure 1A,B) demonstrated reduced right lung volume, absent right hilar shadow, with hemidiaphragm elevation, ipsilateral mediastinal shift and hyperinflation of contralateral lung. CT scan of chest performed followed by CT pulmonary angiography (figure 2A–F) demonstrated absent right pulmonary artery, with numerous collaterals from an engorged tortuous bronchial artery, posterior intercostal arteries arising from descending thoracic aorta and branches from engorged subclavian artery. Reduced right lung volume and mediastinal shift towards right were noted. The main pulmonary artery appeared dilated (approximately 30 mm) suggestive of pulmonary hypertension.

The radiological features were consistent with the absence of the right pulmonary artery. The patient is treated for pulmonary hypertension with tablet warfarin 5 mg and tablet bosentan (an endothelin receptor antagonist) 32 mg and advised for follow-up. On follow-up, after 1 month significant improvement in the clinical symptoms was noted.

Unilateral agenesis of pulmonary artery is a rare condition with prevalence of about 1:200 000.1 Embryologically, agenesis of the pulmonary artery is due to failure of migration and rotation of primitive sixth aortic arch. Right-sided agenesis is usually not associated with cardiac anomalies, hence may be termed as isolated unilateral agenesis of the pulmonary artery (UAPA). Left-sided agenesis is often associated with cardiac abnormalities (hence non-isolated), thus early diagnosis and surgical repair may be necessary during early childhood. Infants with isolated pulmonary artery agenesis may present either with respiratory distress, pulmonary hypertension and congestive cardiac failure or remain asymptomatic until adulthood which may delay the diagnosis. Presentation in an adult patient can be variable with symptoms of chest pain, exertional dyspnoea, exercise intolerance, recurrent
pulmonary infections, haemoptysis and pulmonary hypertension which are the most common presentations among the adult population with the mortality rate being 7%-8%. Symptoms may sometimes be provoked by pregnancy or high altitude. Complications of isolated (right) UAPA may include massive haemoptysis and extensive recurrent pulmonary infections.

Chest radiograph is the first line investigation for UAPA. Echocardiography may be helpful in diagnosis and also to assess the presence of associated pulmonary hypertension. CT and MRI are the imaging modalities for the detailed anatomical depiction of UAPA. CT angiography remains to be the gold standard and modality of choice for diagnosis of UAPA.

CT angiogram demonstrates the collaterals which arise from descending thoracic aorta by bronchial, intercostal, subdiaphragmatic branches and subclavian or coronary arteries. The affected lung is frequently perfused by the bronchial artery.

Treatment of isolated UAPA is usually individualised and is based on symptoms and associated conditions and is usually by medical or surgical approach. In case of intractable pulmonary infections or recurrent haemoptysis, either pneumonectomy or lobectomy is performed. In patients with massive haemoptysis, embolisation of bronchial arteries is usually the procedure of choice.

**Learning points**

► Agenesis of the pulmonary artery is a rare congenital vascular anomaly. Right-sided agenesis is isolated, hence termed as isolated unilateral agenesis of the pulmonary artery (UAPA). Left-sided agenesis is usually more frequently associated with cardiac anomalies (UAPA).
► Isolated UAPA may have a delayed or asymptomatic presentation and may survive into adulthood. Symptomatic patients in adults require treatment and follow-up. Few of these patients may present with massive haemoptysis and intractable pulmonary infections.
► CT angiogram plays a vital role in demonstration of collateral circulation in these patients for therapeutic management.
► In case of massive haemoptysis and persistent pulmonary infection, interventional embolisation of vessels or surgical management is mandatory.

**REFERENCES**


**Patient's perceptive**

After treatment, I was relieved of symptoms and was counselled about my clinical condition and advised for regular follow-up every 6 months.