

Steroid therapy and duration of treatment

Steroid therapy	Dose	Duration
Intravenous methylprednisolone	500mg daily	3 days
Oral prednisolone	30mg twice a day	9 days
Oral prednisolone	20mg twice a day	7 days
Oral prednisolone	15mg twice a day	4 days
Oral prednisolone	20mg daily	5 days
Intravenous dexamethasone	6mg daily	6 days
Oral dexamethasone	6mg daily	3 days
Oral dexamethasone	4mg daily	5 days
Oral dexamethasone	2mg daily	5 days